



1. **INDEMNITY AND EXCLUSION OF LIABILITY**

I, the undersigned, _____, ID No. _____ hereby warrant and acknowledge that my participation in any of the activities offered by Live Fit specifically including but not limited to, exercise programs, fitness and strength training and/or any of the other services offered by Live Fit, its consultants or associates, is participated in by me on a voluntary basis and I accordingly do so at my own risk and further warrant and acknowledge that I shall have no claim for whatsoever reason, against Live Fit, its staff, personnel, consultants and associates arising from any cause whatsoever.

2. **POTENTIALLY DANGEROUS ACTIVITY**

2.1 I acknowledge that use of the equipment and participation in the programs offered by Live Fit carries with it risk, that such use or participation may result in physical injury and damages due to the physical nature of the activities offered by Live Fit and participated in by me, either due to the general nature thereof or dependent on my general health and physical condition.

2.2 I further acknowledge that I participate in the activities, programs and other services offered by Live Fit and its affiliates freely and voluntarily with full knowledge of the risks and dangers in doing so, in acceptance of such risk whether it be of injury or death resultant therefrom and hereby indemnify Live Fit of all or any responsibility in respect of my participation.

2.3 I further acknowledge and warrant that I participate in the activities offered by Live Fit in accordance with advices received from medical professionals or other parties or that I do so notwithstanding such advice, or freely and voluntarily without having procured such professional advice which I warrant and acknowledge Live Fit have advised I obtain.

3. **INDEMNITY**

3.1 I, together with my heirs, successors or assignees, my parents or legal guardians hereby indemnify Live Fit in respect of any claim against Live Fit, its staff or employees, consultants, trainers or affiliated Personal Trainers or any other party supplying equipment or services to Live Fit, utilised by me during my participation in activities or use of equipment offered by Live Fit in respect of any injury, personal damages arising from any cause whatsoever whether it result from negligence or other acts or omissions on the part of Live Fit and its associates, howsoever caused.

4. **ACKNOWLEDGEMENT BY SIGNATORY**

- 4.1 I warrant and confirm that at the time of signature and acceptance online hereof, this agreement was full and complete in all respects as is evidenced by my signature in the margin next to each of the portions hereof.
- 4.2 I further warrant and acknowledge the nature of this document and that same amounts to a voluntary assumption of risk and an indemnity in favour of and exclusion of liability in respect of Live Fit and myself, together with any of Live Fit's employees, staff, personnel, consultants, associates, agents or affiliated parties; I further warrant and acknowledge that I have signed this indemnity and assumption of risk freely and voluntarily, which acknowledgement is evidenced by my signature in full hereunder.

Dated at _____ on the _____ day of _____ 201__

SIGNATURE